

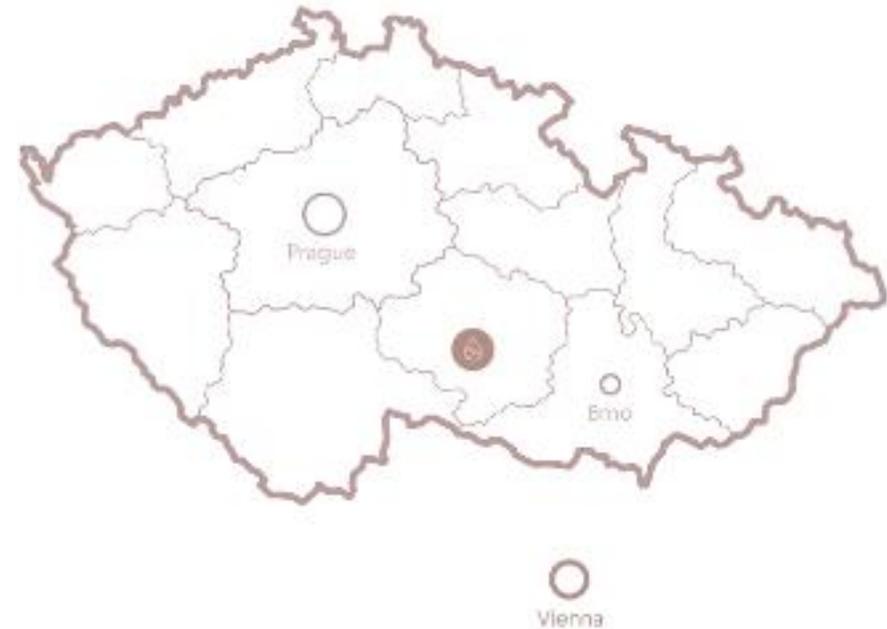


SVATÁ
KATEŘINA
RESORT

No cars. Just nature. Silent. Wellness. Yoga. Ayurveda. And you.

Svata Katerina Resort - Harmony has found its name

- 🌿 Picturesque countryside of Highlands
 - 🌿 Altitude 730 m above sea level in the middle of nature
 - 🌿 The cleanest environment in the Czech Republic
 - 🌿 Near historical UNESCO towns Telč and Třebíč
 - 🌿 Gateway to South Bohemia and Moravia
-
- 🌿 130 km away from Prague and Brno
 - 🌿 180 km away from Vienna
 - 🌿 Airport transfer available
 - 🌿 Parking outside resort, shuttle provided





Relaxation. Pampering. Sport activities.

Past and present

Origins

- 💧 Healing natural springs used from 13th century
- 💧 Heritage spa founded in the 18th century
- 💧 Sanatorium completed in 1953
- 💧 Established on spa tradition in 2007 as Resort Svata Katerina

Today

- 💧 Modern and comfortable spa resort with 79 rooms in 3 buildings
- 💧 Tasty and healthy cuisine
- 💧 2 wellness & spa centers
- 💧 4 outdoor jacuzzi whirlpool tubs
- 💧 7 gyms for yoga and sport classes
- 💧 Horse stables, golf driving range and many more ...

Plan



- A** **Hotel Svatá Kateřina**
Svata Katerina Hotel
- B** **Hotel Garnison**
Garnison Hotel
- C** **Hotel Gymnasion**
Gymnasion Hotel
- D** **Ājurvédský pavilon**
Ayurvedic Pavilion
- E** **Pavilion**
Pavilion
- F** **Kostel Svaté Kateřiny**
Church of Svata Katerina
- G** **Pramen Svaté Kateřiny**
Svata Katerina Spring
- H** **Horní jezírko s terasou**
Upper pond with terrace
- I** **Dolní jezírko s molem ke koupání**
Lower pond, a place for swimming
- J** **Kamenný kruh druidů**
The Stone circle of the Druids
- K** **Golf driving range**
- L** **Dětské hřiště**
Playground
- M** **Stáje a jízdárna**
Stables
- P** **Venkovní jacuzzi**
Jacuzzi under the sky (Aqua Euforica)
- Q** **Tenisové kurty**
Tennis courts



Accommodation

Hotel

- 🛏 79 comfortable rooms
- 🛏 3 buildings Hotel Svata Katerina, Hotel Garnison, Hotel Gymnasion

Rooms

- 🛏 Double/twin, double single use
- 🛏 6 de luxe rooms with own terrace
- 🛏 Romance rooms
- 🛏 Equipped with all facilities
- 🛏 Wi-Fi connection at all rooms



Rooms





Gastronomy with love. Local ingredients.

Restaurant and Cuisine

Fine dining

- 🍷 Healthy Mediterranean & Indian & Czech cuisine
- 🍷 Ayurvedic cuisine
- 🍷 Special detox dining

Events

- 🍷 Barbecue and buffets
- 🍷 Local specialties and seasonal options
- 🍷 Cooking Show of Ayurveda Chef

Venue

- 🍷 Restaurant Voda and Orangerie Cafe
- 🍷 Lobby Bar at disposal 24 hours
- 🍷 Pavilion representative hall
- 🍷 Outdoor terrace & arcades



Authentic ayurveda.



Ayurveda in Svata Katerina

Ayurveda Center

- 🍃 The widest selection of ayurvedic therapies in Europe
- 🍃 Quality guaranteed by Kairali Ayurveda Group, Kerala, India
- 🍃 Meet our Ayurvedic doctors, chefs and therapists
- 🍃 Original treatments, meals, products and medicines
- 🍃 Techniques for balance of body, spirit and mind



Ayurvedic Stays (3 – 22 days)

- 🍃 Ayurveda Panchakarma
- 🍃 Ayurveda Rejuvenation
- 🍃 Ayurveda Weight Loss
- 🍃 Ayurveda Yoga Detox
- 🍃 Ayurveda For Women
- 🍃 Ayurveda Back Pain
- 🍃 Ayurveda Beauty

Ayurvedic Treatments

- 🍃 Uzhichil
- 🍃 Podikizhi
- 🍃 Abhyanga
- 🍃 Kati - Vasti
- 🍃 Shirodhara
- 🍃 Ksheeradhara
- 🍃 Pada Abhyanga





Ayurvedic Pavilion.

The Ayurveda Pavilion

Building of the Year

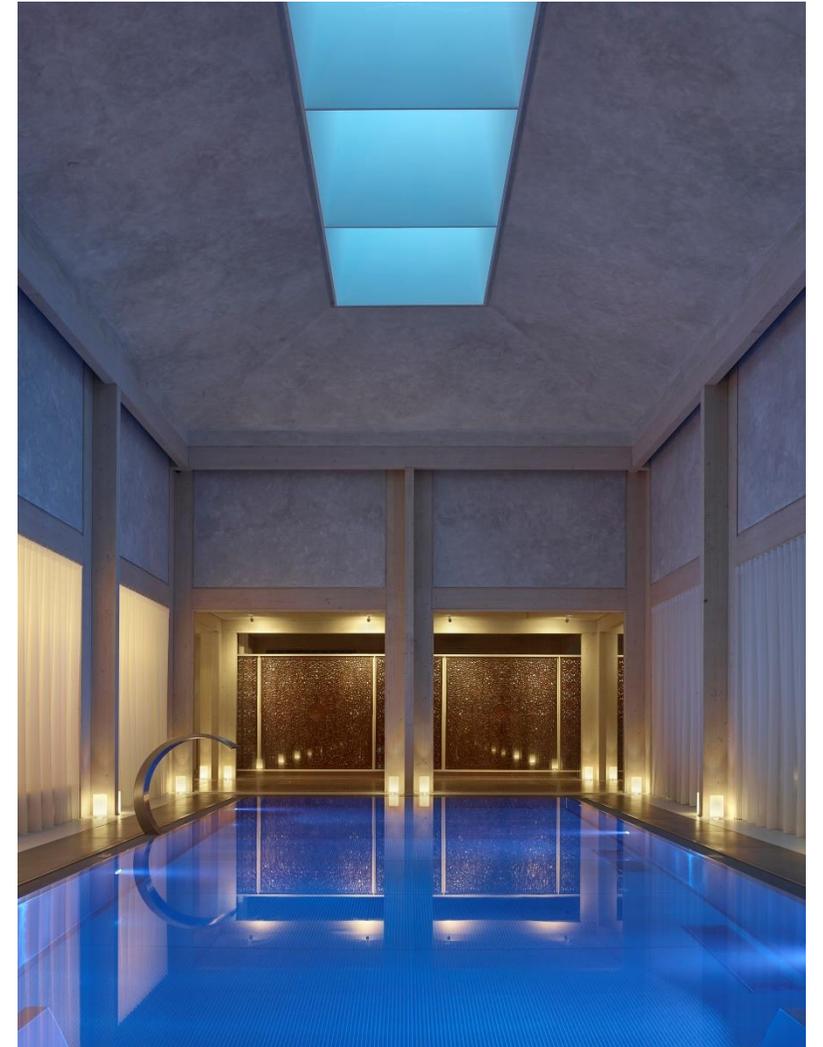
- 🏆 Awarded Best building in Czech republic 2019
- 🏆 Spirituality and nature meet modern technology
- 🏆 Peace, quite and touch of India
- 🏆 Meditation garden

Centre of Ayurveda

- 🏆 6 therapeutic cabins in oriental style
- 🏆 Ayurvedic doctor consultations
- 🏆 Extensive relaxation areas with atrium and terraces

Wellness & spa

- 🏆 Temple of water in-door pool
- 🏆 Two whirlpools, sauna, steam cabin
- 🏆 Quiet zone with forest view
- 🏆 Sun terrace for extensive relaxation





Mind. Spirit. Body. In Ballance.

Programs and packages

Yoga (3 – 10 days)

- 🔹 Different kinds of yoga with Czech and Indian therapists
- 🔹 Yoga weekends, Thematic yoga workshops
- 🔹 Long term yoga retreats, Silent yoga retreat, Yoga marathon
- 🔹 Rent of yoga classes for Yoga studios, Yoga shop

Weight Loss & Detox (3 – 15 days)

- 🔹 Metabollic Ballance – nutritional program developer in Germany
- 🔹 Days of Slim Line – eat healthy, exercise properly
- 🔹 Ayurveda Weight Loss, Ayurveda Yoga Detox, Yoga Detox weekend

Wellness & Antistress (3 – 7 days)

- 🔹 Spring water, massages, jacuzzi and many more ...
- 🔹 Short/Long terms wellness programs
- 🔹 Remove fatigue and effect of stress with Antistress programs



Walk. Run. Listen. Enjoy.



Range of activities

Seasonal

- 🏠 Horseback ridding
- 🏠 Horse-drawn carriage
- 🏠 Outdoor swimming
- 🏠 Golf
- 🏠 Tennis / Table tennis
- 🏠 Cycling / Running
- 🏠 Nordic Walking
- 🏠 Gym
- 🏠 Rental of sport equipment

Winter

- 🏠 Cross-country skiing
- 🏠 Walking with snowshoes
- 🏠 Horse-drawn sleigh
- 🏠 Skating on the frozen ponds



Groups. Events. Retreats.



Groups

Retreats

- 🔹 Mindfulness groups
- 🔹 Yoga and therapy retreats
- 🔹 Trainings and sport camps

MICE & Events

- 🔹 Conference & Incentive
- 🔹 Annual meetings
- 🔹 Teambuilding
- 🔹 Education, workshops
- 🔹 Weddings & social events

Conference Facilities

- 🔹 Art Deco Venue - Ball room
- 🔹 7 meeting rooms/gyms
- 🔹 Technical Equipment, Wi-Fi



Resort Svata Katerina. Harmony has found its name.

Resort Svata Katerina
Pocatky
Kraj Vysocina
Czech republic

www.katerinaresort.cz

Join us here:



#resortsvatakaterina



Svatá Kateřina Resort



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